

Transitional Care Clinic at Edward

Easing your transition, step by step.

We recognize the time after leaving the hospital can be stressful and overwhelming with new diagnoses, medications or equipment to manage. Whatever the unique situation, the Transitional Care Clinic (TCC) is here to help. The Clinic was developed for patients with complicated medical conditions who could benefit from additional support after leaving the hospital. We work with patients to help them stay on the path to recovery after leaving the hospital until they can follow up with their primary care doctor.

Prior to leaving the hospital, patients are evaluated and referred to the TCC, if needed. Your inpatient doctor has determined you would benefit from the services provided at the Transitional Care Clinic. Someone will be in contact with you to set up an appointment to see our care team.

TCC team members may include the following healthcare professionals, depending on individual needs:

- ▶ Advanced Practice Nurse
- ▶ Care Manager/Health Coach
- ▶ Pharmacist
- ▶ Social Worker
- ▶ Home Health

If you have any questions when you get home you may call the TCC at **(630) 646-4820**.



Understanding your medications

It is important to know what medications you are taking and why you are taking them. Our onsite pharmacist will work with you to make sure you are comfortable with your medications. It is important to be open and honest with your pharmacist and physician about any challenges you have taking your medications as prescribed. They are here to help you and can work with you to make sure you get the most benefit from your medications.

Always bring in all of your medication bottles with you to your doctor appointments. This allows your healthcare team to compile a comprehensive list of your current medications. Our pharmacist will review your medications for appropriateness, effectiveness and safety. The pharmacist will address any side effects you may be experiencing and will work with you to make sure you are able to take your medications appropriately. Never stop taking your medications on your own. It is important to discuss any medication problems or concerns with your physician and/or pharmacist, so together we can ensure your medications are the best for you.